

## **ABSTRACT**

An improved jogging stroller with at least one castered front wheel that in one configuration is allowed to freely rotate side-to-side and in a second configuration is fixed in a forward direction. A spring-loaded pin is positioned to engage or disengage an indexed aperture so as to release or fix the motion of the castered wheel. The pin is remotely activated by a hand release mechanism positioned on or near the handle of the jogging stroller and is connected to the castered wheel by means of a control cable. The user may alternate between a freely moving caster wheel that facilitates steering and a fixing of the front caster wheel for more stability. The user may lock the system in either the fixed (in-line) configuration or in the freely rotating configuration.